Mawarnkarra Health Service
Aboriginal Corporation

MHS Alcohol Liquid & Nutrition Program

ROEBOURNE

Presented by Danny Brown and Suzi Lott

Alcohol Liquid Nutrition Program

- The Alcohol Nutrition Program with Mawarnkarra Health Service is funded by the Office of Aboriginal Health (State).
- The service is based on the Mawarnkarra Health Service site in Roebourne.
- The Program has been existing since the year 2001.
- The Program objective is to provide a nutrition and liquid service to Aboriginal people affected by substance abuse or to the homeless within the Roebourne region.
- The service consist of one meal a day and a alternative liquid to alcohol beverages five days a week (working week).

Program Outreach

- The Program is an outreach service which meals are delivered between the Communities of Wickham, Roebourne and Cheeditha Aboriginal Community.

* At current, there is 35 recipients on the Program.

- Additionally, every month a field trip is organised for the weekends which will include: fishing, camping and cultural activities.
- The Program reaches out to the homeless of Roebourne, with daily visits to Manda Maya which is an old station ruins located within Roebourne.

The Recipients

- People whom are affected by Drugs and Alcohol.
- The homeless.
- Transient people who are visiting; family members at the prison, attending funerals in the area etc.
- People whom are marginalized from society; Mental illness, discarded etc.

Program Rewards

- The Program is offered to all people; Aboriginal and Non Aboriginal people.
- The Program provides for those affected by drugs and alcohol to have at least one nutritious meal for the day.
- The Program shows empathy to those whom are marginalised from society and value them as individuals.
- The Program provides health education and awareness; Diabetes, personal hygiene, healthy eating, exercises and cultural security.

Thank You

Healthy Families, Strong Culture